Supporting Family Decisions

Catholic Charities of the Diocese of Greensburg.

Catholic Charities of the Diocese of Greensburg offers assistance to support family decisions. The agency provides a complete menu of services regarding life choices to all individuals and their families regardless of age, marital status, economic condition or religion.
Supporting Family Decisions

**Pregnancy**

The agency offers free pregnancy tests. Upon learning of a pregnancy, Catholic Charities can assist in planning for an expected child; whether the choice is to raise the child or plan for adoption.

If the decision is to raise the expected child, Catholic Charities will provide support and counseling throughout the pregnancy, as well as offer referrals for baby items, birthing classes, childcare, parenting classes and other community services. Infant clothing and diapers are available until the child's first birthday.

Should a plan for adoption be the choice, the birth parents have the opportunity to choose the adoptive parents. They may or may not wish to meet and interview the couple, and the adoption may be open or closed. Open adoptions are available under Pennsylvania law to the extent that the birth parents and the adoptive parents agree. Trained mediators are available for the negotiation of these agreements.

**Project Rachel**

Project Rachel, a ministry of the Catholic Church, offers help to women and men suffering from an abortion experience, regardless of age, religion or connection to the abortion. Designed for those who are struggling after abortion, Project Rachel provides a safe place where specially trained staff can provide hope to help overcome grief and loss.

**Family Planning with CM-BBT Method**

CM-BBT (Cervical Mucus – Basal Body Temperature) instruction is provided by a medically certified professional instructor. The CM-BBT Method is a scientifically based, medical model for Natural Family Planning.

When used correctly and consistently, CM-BBT is 97% effective. Use of the method safely promotes personal health and wellness of body. CM-BBT invites better marriages, enhances communication, and encourages mutual respect and responsibility.

1-866-409-6455 (24/7)
www.ccharitiesgreensburg.org/services/Pages/naturalfamilyplanning.aspx
Mission Statement
Catholic Charities of the Diocese of Greensburg, rooted in the gospel and social teachings of the Church, is the primary social service agency of the Diocese. Our mission is to serve the human needs of individuals and families, regardless of their religious affiliation, and to provide leadership in building collaborative efforts with parishes and communities in addressing these needs.

Non-Profit Status
The official registration and financial information of Catholic Charities of the Diocese of Greensburg may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Helpline: 1-866-409-6455