



www.stmargaret.org/SubstanceAbuseMinistry.htm

Please Consider These Websites....

For Parents.....

- www.notmykid.org
- www.bblocks.samhsa.gov
- www.drugfree.org
- www.family.samhsa.org
- www.findtreatment.samhsa.gov
- www.theantidrug.com
- www.sober.com
- www.hbo.com/addiction

For Kids and Teens.....

- www.abovetheinfluence.org
- www.checkyourself.org
- www.freevibe.com
- www.justthinktwice.com
- www.mediacampaign.org
- www.sadd.org
- www.thecoolspot.org
- www.toosmarttostart.samhsa.gov
- www.throughwithchew.com
- www.bethecatalyst.org

For College Students.....

- www.collegedrinkingprevention.gov



**Saint Margaret Parish
Substance Abuse Ministry**
141 Hickory Avenue
Bel Air, Maryland 21014
Phone: 410-838-6969
410-879-2670

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HOPE



Luke 1

[79] To give **light** to them that sit in darkness and in the shadow of death, to guide our feet into the way of peace.



H EALING

REC **O** VERY

P REVENTION

PEAC **E**

MISSION STATEMENT:
The Saint Margaret Parish Substance Abuse Ministry works to educate, support and advocate in a faith-filled manner, the needs of the community who are affected directly or indirectly by substance abuse.

Our ministry was created in 2007, based on the input received from a congregation-wide survey.

Our program is part of a national effort underway in more than 350 places of worship in 21 states.

Addiction is a destructive relationship with a substance, activity or person.

Recovery is a life-long journey and not a quick fix, requiring - with God's help - a strong personal commitment and daily effort.

Prevention is an active process that creates and rewards conditions that lead to healthy behaviors and lifestyles.

THE TRUTH

Sixty-Six (66) people died from drugs or alcohol in Harford County in the past two years.

One Thousand, One Hundred Seven (1,107) people received DWI, DUI, or Alcohol citations in the county in 2008.

The top 5 drugs of choice in the county last year were (1) Alcohol, (2) Marijuana, (3) Heroin, (4) Crack, (5) Oxycodone.

Of the more than 2,000 Drug Treatment Admissions in Harford County recently over 27% of them were Bel Air Residents.

Nationwide in 2010, Underage Drinking killed more than 5,000 young people below the age of 21.

ONE HUNDRED (100) Harford County Residents have died from Prescription Drugs over the past 5 years

When your blood alcohol level reaches .40, you die.

The Serenity Prayer

God grant me the serenity to accept the things I cannot change; courage to change the things I can; and wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardships as the pathway to peace; Taking, as He did, this sinful world as it is, not as I would have it; Trusting that He will make all things right if I surrender to His Will; That I may be reasonably happy in this life and supremely happy with Him Forever in the next. Amen.

-Reinhold Niebuhr

The following AA, NA, & FA Meetings are held at Saint Margaret in the lower meeting room of the Elementary School:

7:00 p.m., Monday, "FAMILIES ANONYMOUS"

**7:00 p.m., Friday, "AA Group—Alcoholics Anonymous"
"Fundamentally All Is Well"**

**7:30 p.m., Saturday,
"Women's AA Group—Alcoholics Anonymous"
"Women for Sobriety"**

**6:00 p.m., Sunday, "NA Group—Narcotics Anonymous"
"Staying Clean"**

**8:00 p.m., Sunday, "AA Group—Alcoholics Anonymous"
"Stopped In Time"**

Our Substance Abuse Ministry Team

Patrick M. McCracken (Chair)
patrick348@gmail.com

Outreach Ministry, Jane O'Hara
johara@stmargaret.org 410-838-6969, ext 143

Education Sub-Committee, Joseph V. Ryan
jvryan@harfordcountymd.gov

Worship Sub-Committee, Sherry Rhodes and Dusty Rhodes dussrhodes@verizon.net

FOR GUIDANCE

Alcoholics Anonymous (AA)
www.aa.org Tel. 1-800-570-4150

Narcotics Anonymous (NA)
www.na.org Tel. 1-800-317-3222

Families Anonymous (FA)
www.familiesanonymous.org
Tel. 800-736-9805

Al Anon & Alateen
www.al-anon.alateen.org Tel. 410-836-6209

Maryland Community Services Locator
www.mdcsll.org Tel: 301-405-9796

Addiction Connections Resource, Inc.
www.addictionconnectionsresource.org
Tel: 443-417-6406

Saint Margaret Health Ministry
saintmhealthministry@stmargaret.org
Tel: 410-838-6969, ext. 141

**Harford County Health Department
Addiction Services**
<http://www.harfordcountymd.gov/health/ViewPage.cfm?MenuID=29>
Tel: 410-638-3076

National Catholic Council on Alcoholism
<http://www.nccatoday.org/>
Tel: 800-626-6910 -Ext 1200

AlcoholDrugSOS Services, LLC sm
www.alcoholdrugsos.com/ Tel. 443-610-3569

Harford County - Mobile Crisis Team
www.sheppardpratt.org/sp_htmlcode/sp_locations/sp_loc_hc_mobile.aspx
Tel. 410-638-5248

**DHH—Substance Abuse and Mental Health
Services Administration**
<http://dasis3.samhsa.gov>

National Institute on Drug Abuse
www.nida.nih.gov

**National Institute on Alcohol Abuse and
Alcoholism (NIAAA)**
www.niaaa.nih.gov